

Nyack Public schools
District Wide Wellness Committee
SHAC: School Health Advisory Committee
Meeting Notes: Feb. 12, 2007 5:00-7:00pm, Administration Bldg.

Attendees:

B.Zifchock: Dir. PE, Health, Wellness & Athletics	J.Hindin: UNE PTA, Dentist
S.Juechter: VCE PTA, Nutritionist	L. Pakaln: UNE Teacher
C. Clarke: NPS BOE	L. Fleming: UNE PTA
C. Steindorff: RC Health Dept.	E. Feiner: Lib PTA
J. Marsico: Aramark	J.Kassel: Dir. VCE FRC
M. Madan: NPS Social Worker	B.Sullivan: VCE, RN
A. Collazuol: Nurse St. Paul's	L. Wishner: VCE PTA
P.D'Auria: HS, RN	
M.Lynn MS, RN	

Absent with notice:

J. Donaldson: MS, PE Teacher
A. Oakley: VCE, PE Teacher
W. Cummings: HS F&CS Teacher
L. Liggiio: Lib PE Teacher

1. The wellness committee meeting began at 5:05 PM. Minutes of the previous meeting was distributed and reviewed. One correction – Emily Feiner should have been listed as absent with notice.
2. The committee paused and reviewed the previous meeting assessment data, with no comment.
3. Bob Zifchock reviewed the entire content of Board of Education Policy 5405, which is the mandated wellness policy. Janet Adamo, a guest and Aramark food service director from the South Orangetown School District, answered questions regarding the status of the SOSD wellness policy.
4. The committee worked on team building through a video – The Big Picture, developing a concept that the goal is more important than the role.
5. Carrie Steindorff, School Programs Coordinator for the Rockland Co. Health Department, described the Learning in Motion course. It is for teachers and incorporates physical activity into academic lessons.
6. Committee members discussed wellness committees/teams at individual schools within the District. The High School, Middle School and Valley Cottage have very active teams.
7. The Committee reviewed classroom survey instruments and made suggestions for improvement and sought clarification on the sample items. The surveys look at classroom management techniques in relation to food and physical activity.
8. The committee concluded its activity with a self-assessment. The meeting was adjourned at 7:00 PM

Respectfully submitted, Carrie Steindorff