

Nyack Public schools
District Wide Wellness Committee
SHAC: School Health Advisory Committee
Meeting Notes: Jan. 8, 2007 5:00-7:00pm, Administration Bldg.

Attendees:

B.Zifchock: Dir. PE, Health, Wellness and Athletics
S.Juechter: VCE PTA, Nutritionist
J.Kassel: Dir. VCE FRC
P.D'Auria: HS, RN
J.Hindin: UNE PTA, Dentist
B.Sullivan: VCE, RN
M.Lynn MS, RN

Absent with notice:

J. Donaldson: MS, PE Teacher
A. Oakley: VCE, PE Teacher
C. Steindorff: RC Health Dept.
E. Feiner: Lib PTA

Introduction:

- B.Zifchock provided hardcopies of: Wellness Policy 5405, Conversational Ground Rules, District Wellness Committee Charter, and Monthly Agenda (Jan. – June 2007), Strategic Model and Plan Development, Implementation Plan.
- Note that 7 of 25 requested committee members attended this meeting. The e-mail for this meeting was sent prior to the holiday break. Committee ground rules now include - Reminder e-mails sent the Fri. before each Monday meeting, meetings start promptly at 5pm.
- Attendee introductions: Discussed the diversity of backgrounds and interests necessary to support this district committee.
- To address continued diversity among Wellness Committee members, it was suggested that the committee contact Ms. Joslyn Abrams and Ms. Nancy Rodriguez (ESL) for their recommendations.
- B.Zifchock is arranging for internal e-mail on the district server and will follow up if external access can be made available.
- SHAC is a committee name used in Rockland Co. and will be included in this committee name as well.

Expectations, Roles and Responsibilities/ Expectation of Team Learning and sharing:

- The Charter was reviewed: rationale and goals as per hand out. Stakeholders were defined as per hand out.
- The committee, with appropriate attendance, will determine the mission, vision and values. This will be the foundation of the district Wellness Committee moving forward.
- The committee will determine a 5-year plan with measurable goals including timeline, budget and strategy.
- Updated information is needed to set a 5-year plan. Surveys will be provided to teachers and the community. A newer version of the School Health Index will be reviewed. Evidence based data will be used to support the strategic plan.
- HS students will also participate in the district committee. The HS student council will select student members. MS and elementary students will participate at the building level.
- Building level SHAC / Wellness Committees are necessary to communicate information from the district committee as well as address building level needs or issues. District committee members from each school will be responsible for organizing their building level committee. Committees will include: Faculty, PTA, Students, and community members.
- 5405 Policy review for Stakeholders will be covered at the next meeting.
- Team building will be addressed at the next meeting.

General Discussion:

- Can SHAC have public meetings or provide an open forum meeting? Committee needs to clarify: non-committee community members and voting rights.
- How does this meeting extend to the community? This group agreed that education at the community level is necessary to successfully implement a wellness policy.
- The group discussed ideas around school food and menu changes. This is multi-faceted: financial, resources (skills and equipment), nutritional and cultural. The committee needs a strong understanding to Nyack Schools Food Service and the opportunity for implementing change.

The next scheduled meeting is Mon. 2/12 5-7pm at the Administration Bldg. Please send a reminder by Fri. 2/9