

Nyack Public Schools
District Wide Wellness Committee
SHAC: School Health Advisory Committee

Meeting Notes: July 7, 2009

Attendees:

B. Zifchock Dir. PEHWA
S. Juechter
C. Clarke
C. Steindorff

M. Lynn
L. Fleming
J. Kassel

Draft

Absences with notice:

J. Marsico
P. D'Auria
J. Meyer-Hindin

K. Trentacosti
C. Collazo
A. Oakley

1) Informational Items

- a) **Meeting minutes from 5/21/09:** Members reviewed and offered correction and/or addition to the minutes that included notations on milk and clarification to secondary physical education class size.
- b) **Request Form and Recommendation Form:** The systems team presented two forms to enhance the communication process from the building level to the committee to the Superintendent. The purpose of the request form is to clarify and formalize requests directed to the District Wellness Committee from the building Health, Safety and Wellness Team or Site Based Team for discussion and review. The purpose of the recommendation form is to clearly state recommendations from the District Wellness Committee to the Superintendent and cabinet for its review.
- c) **Combining of teams:** The committee recognizes that each build has a unique structure. It noted that there are health and safety teams, site based and health advisory committees in each building. It requests physical activity and nutrition are included as an agenda items on whatever committee structure works best in each building. The aforementioned communication forms should help in the process
- d) **Future agenda items:** under informational items – add Aramark educational plans for 2009-2010 school year.

2) Study Items

- a) Preventing Childhood Obesity (NASBE) – this item was tabled until the next meeting

3) Action Items

- a) The committee approved use of the communication forms with the understanding that it will continually review and change them as needed to promote the communication process.
- b) The committee approved the tentative meeting dates for the 2009-2010 school year, as follows:

- **October 15, 2009, 4:00 – 6:00 PM, Administration Building**
- **December 3, 2009, 4:00 – 6:00 PM, Administration Building**
- **February 25, 2010, 4:00 – 6:00 PM, Administration Building**
- **May 6, 2010, 4:00 – 6:00 PM, Administration Building**